



PEDPOST FOUNDATION INC

ANNUAL REPORT 2023

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Vision and Mission

Mission: Pedpost Foundation Inc. is dedicated to enhancing the health and well-being of children and families in Health Physician Shortage Areas or Medically Underserved Areas by providing comprehensive primary health care, urgent care, behavioral health, telehealth, referral and USCIS physical services at subsidized or discounted rates.

Vision: Our vision aligns with the Indian Health Service (IHS) centers and Federally Qualified Health Centers (FQHCs) to ensure accessible, high-quality care for underserved communities. We envision communities that are healthy and serviced by quality healthcare professionals, through strong collaborations and partnerships and with evidence-based and culturally sensitive practices.

Executive Summary

In 2023, Pedpost Foundation Inc. made significant strides in expanding our services. We focused on integrating our services with IHS and FQHCs to provide holistic care to a vulnerable patient population. Our efforts have resulted in improved health outcomes, improved community engagement, reduced cost per beneficiary and increased access to essential health services.

We received no individual contributions, no gifts, no grants, no investment income, no membership dues. 100% of the income generated was exclusively from fees for services rendered directly to patients. Payments were made either directly by the patient, contractually by the insurance company or locums tenens entity to Pedpost Foundation Inc. End of year 2023 net income was \$40354.09

Our provider worked in a total of 4 physical locations and two virtual platforms during this time frame. Services were provided to 362 families.

Locations

#1 Nova Medical Centers: 2/17/23

#2 Children's Clinic LLC, May 16, 2023 – Aug 10, 2023

#3 Peachtree Immediate Care July through August 2023

#4 Lake County Tribal Health Consortium, California October 2023 - November of 2023,

#5 Amwell Medical Group, December 2023

Services Provided

Primary Health Care: Provided primary health care services to a total of 120 children in all locations combined with a 95% patient satisfaction rate. **These services included:**

- **Routine Check-Ups:** Regular health assessments to monitor growth and development, including physical exams, vision and hearing tests, and immunizations.
- **Preventive Care:** Administration of vaccines, health education, and counseling to prevent illnesses and promote healthy lifestyles.

- **Chronic Disease Management:** Ongoing care and management for children with chronic conditions such as asthma, diabetes, and allergies.
- **Acute Care:** Treatment for common illnesses and minor injuries, including infections, fevers, and minor cuts or sprains.
- **Developmental Screenings:** Evaluations to identify developmental delays or disorders early, ensuring timely intervention and support.
- **Nutritional Counseling:** Guidance on healthy eating habits and nutritional needs tailored to each child's age and health status.
- **Mental Health Support:** Initial assessments and referrals for children showing signs of mental health issues, ensuring they receive appropriate care.
- **Family Health Education:** Providing parents and guardians with information and resources to support their children's health and well-being.

Urgent Care: Treated 65 urgent care cases, reducing emergency room visits by 20%. These services included:

- **Minor Injuries:** Treatment for cuts, sprains, minor fractures, and burns.
- **Infections:** Management of common infections such as strep throat, ear infections, and urinary tract infections.
- **Respiratory Issues:** Care for conditions like asthma exacerbations, bronchitis, and pneumonia.
- **Gastrointestinal Problems:** Treatment for issues such as stomach flu, food poisoning, and dehydration.
- **Allergic Reactions:** Immediate care for mild to moderate allergic reactions, including rashes and insect bites.
- **Flu and Cold Symptoms:** Management of symptoms like fever, cough, and sore throat.
- **Skin Conditions:** Treatment for rashes, eczema, and minor skin infections.
- **Diagnostic Services:** On-site lab tests and imaging to quickly diagnose and treat conditions.
- **Medication Management:** Prescriptions and administration of necessary medications to manage acute conditions.

Behavioral Health Services: Offered behavioral health services to 30 individuals, with a 90% improvement in mental health outcomes. These services included:

- **Evaluation and Assessment:** Conducted thorough evaluations to identify behavioral and emotional issues, ensuring accurate diagnosis and personalized treatment plans.
- **Individual Therapy:** Provided one-on-one counseling sessions to address specific mental health concerns, such as anxiety, depression, ADHD, and conduct disorders.
- **Crisis Intervention:** Offered immediate support, referral and intervention during mental health crises to ensure safety and stability of patients suffering from severe depression and suicidal ideation
- **Community Support Services:** Connected families with community resources and support networks to enhance overall well-being.

- **Behavioral Interventions:** Implemented evidence-based behavioral interventions to promote positive behavior changes and coping strategies.
- **Medication Management:** Collaborated with healthcare providers to manage and monitor medication as part of a comprehensive treatment plan.

USCIS Physicals: Conducted 34 USCIS physicals, facilitating the immigration process for many families. These physicals are a crucial part of the immigration process and include:

- **Medical Examination:** Performed comprehensive medical examinations to ensure applicants meet the health standards set by the U.S. government. This includes a review of medical history, physical examination, and necessary diagnostic tests such as chest X-rays and blood tests.
- **Vaccination Verification:** Verified that applicants have received all required vaccinations. Administered any missing vaccinations to ensure compliance with U.S. immigration health requirements.
- **Tuberculosis Screening:** Conducted tuberculosis screening through skin tests or chest X-rays to detect any active TB infections.
- **Mental and Physical Health Assessment:** Assessed the overall mental and physical health of applicants to identify any conditions that might pose a public health risk.
- **Documentation and Reporting:** Completed and submitted Form I-693, Report of Medical Examination and Vaccination Record, to USCIS as part of the immigration application.
- **Follow-Up Care:** Provided follow-up care and additional testing if initial results indicated any health concerns that needed further evaluation.

DOT Physicals: Conducted 1 DOT Physical, ensuring road safety by making sure that commercial drivers are physically, mentally, and emotionally fit to operate large vehicles like trucks and buses.. The services include:

- **Medical Examination:** Performed a thorough medical examination to assess the driver's overall health, including vision, hearing, blood pressure, and cardiovascular health.
- **Medical History Review:** Reviewed the driver's medical history to identify any pre-existing conditions that could affect their ability to operate a commercial vehicle safely.
- **Physical Fitness Assessment:** Evaluated the driver's physical fitness to ensure they can handle the physical demands of driving a commercial vehicle.
- **Drug and Alcohol Testing:** Conducted mandatory drug and alcohol testing to ensure the driver is free from substances that could impair their driving abilities.
- **Certification:** Provided the necessary certification, including completing and submitting the Medical Examination Report (Form MCSA-5875) and the Medical Examiner's Certificate (Form MCSA-5876) to the appropriate authorities.
- **Follow-Up Care:** Recommended follow-up care or additional testing if any health concerns were identified during the examination.

Virtual Health Services: Performed 12 telehealth visits through Office Ally platform and zero telehealth services through the Amwell Medical Group platform. The benefits of virtual visits include but are not limited to

- Convenience: Patients can receive care from the comfort of their homes.
- Accessibility: Helps patients in remote or underserved areas access healthcare services.
- Efficiency: Reduces the need for travel and waiting times.
- Safety: Minimizes exposure to contagious diseases.

Total # of families we rendered Services to 362

Financial Overview

Profit and Loss

January - December 2023

	Total
Income	
Refunded Income	215.79
Sales	356.00
Service/Fee Income	49,340.87
Total Income	\$49,912.66
GROSS PROFIT	\$49,912.66
Expenses	
Advertising & Marketing	2,257.71

Bank Charges & Fees	565.79
Car & Truck	1,939.22
Contractors	12,614.58
Dues & subscriptions	1,571.91
Fax	47.80
Insurance	316.96
Internet, Phone and Cable	2,589.53
Job Supplies	2,876.07
Lease	1,845.16
Legal & Professional Services	2,245.00
Lodging	191.59
Meals & Entertainment	14,674.80
Minor Equipment	3,066.74
Office Supplies & Software	179.87
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Payroll Expenses	
Taxes	2,289.50

Wages	25,000.08
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Total Payroll Expenses	27,289.58
Postal and mail	26.93
Property Tax	2,653.26
Refund	616.92
Rent & Lease	2,260.79
Repairs & Maintenance	1,986.08
Salaries & Wages	1,830.80
Software Expense	1,859.26
Taxes & Licenses	888.00
Travel	1,881.31
Uncategorized Expense	145.09
Utilities	1,846.00
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Total Expenses	\$90,266.75
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NET OPERATING INCOME	\$ -40,354.09
Other Expenses	

Charitable Contribution	258.97
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Total Other Expenses	\$258.97
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NET OTHER INCOME	\$ -258.97
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NET INCOME	\$ -40,613.06
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Accrual basis

Balance Sheet

As of December 31, 2023

	Total
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ASSETS	
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Current Assets	
Bank Accounts	
Business Fundamentals Chk - 7022 (7022)	-37,512.05
Foundation Checking	-28,551.13
Patient Reimbursement	400.00
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Total Bank Accounts	\$ -65,663.18
Other Current Assets	
Uncategorized Asset	2,021.98

Total Other Current Assets	\$2,021.98
Total Current Assets	\$ -63,641.20
TOTAL ASSETS	\$ -63,641.20

LIABILITIES AND EQUITY

Liabilities

Current Liabilities

Other Current Liabilities

Direct Deposit Payable -2,300.00

Loan Payable -56,873.69

Owners personal expense -17,248.28

Payroll Liabilities

Federal Taxes (941/944) 436.03

Federal Unemployment (940) 31.25

GA Income Tax 0.00

GA Unemployment Tax 0.00

Total Payroll Liabilities 467.28

Total Other Current Liabilities	\$ -75,954.69
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Total Current Liabilities	\$ -75,954.69
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Total Liabilities	\$ -75,954.69
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Equity	
Opening Balance Equity	79.82
Owner's Investment	68,015.76
Owner's Pay & Personal Expenses	-43,598.40
Retained Earnings	28,429.37
Net Income	-40,613.06
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Total Equity	\$12,313.49
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TOTAL LIABILITIES AND EQUITY	\$ -63,641.20

Accrual basis

Impact Metrics

- **Health Outcomes:** 85% of patients reported improved health status after receiving our services, 80% vaccination coverage rates, a service that protects children from preventable communicable infectious diseases, 20% reduction in emergency room visits. 90% improvement in mental health outcomes amongst children with attention deficit hyperactive disorders.
- **Access to Care:** Increased access to health services by 30% in underserved areas.
- **Community Engagement:** Conducted 50 community health workshops, reaching 2,000 participants.
- **Cost Per Beneficiary:** Approximately \$111.50 per family served

Partnerships and Collaborations

- **Indian Health Service (IHS):** Partnered with two Indian Health Service centers to expand our service reach
- **Federally Qualified Health Centers (FQHCs):** Partnered with 2 FQHCs to expand our service reach.
- **Labcorp:** Partnered with Labcorp nation wide to offer subsidized lab fees for lab services pertaining to the USCIS physicals and telehealth visits
- **Quest Diagnostics:** Partnered with Quest Diagnostics to offer subsidized lab fees for lab services pertaining to the USCIS physicals and telehealth visits
- **Radiology Assist:** Partnered with Radiology Assist to offer subsidized Imaging fees for Imaging services pertaining to the USCIS physicals and telehealth visits

Future Goals

- **Expand Services:** Aim to increase our service capacity by 20% in 2024.
- **Enhance Behavioral Health Programs:** Develop new programs to address the growing need for mental health services.
- **Strengthen Partnerships:** Continue to build strong partnerships with IHS and FQHCs to enhance service delivery.
- **Expand our virtual service providers and states licensed in.**
- **Improve fund raising, through reputation building, networking with other charities**
- **Reduce our cost per beneficiary by seeing more patients for same level of pay**
- **Increase our services to include prescription refills and management (interaction checks, adverse event management)**
- **Collaborate with more labs and radiologic centers to improve patient care remotely**

Conclusion

Pedpost Foundation Inc. remains committed to our mission of providing high-quality health care to children and families in FQHCs and Indian Health Services. We are proud of our achievements in 2023 and look forward to continuing our work in the coming years.